

## Myers-Briggs Type Indicator (MBTI) Training

This MBTI training workshop demonstrates how the Myers-Briggs Type Indicator assessment can radically improve team dynamics by presenting a clear picture of the strengths and benefits associated with specific personality traits while giving everyone the tools and common language needed to harness individual potential!

Having diverse personalities within a group can be a tremendous advantage to an academic department, office, or classroom. Understanding this asset can enhance productivity while decreasing non-productive conflict.

The workshop begins with an assessment, which indicates personality preference. It allows each participant to gain an in-depth snapshot of the strength that he or she brings to the team.

When the data is looked at as a whole, it will show the composition of your group and how to use the results to enhance communication, while allowing the group leader to develop a preferred style of team management.

### THE MBTI WORKSHOP WILL:

- Increase awareness of your group's relationships by identifying the types of personalities that make up your group and demonstrating how awareness of personality styles can translate into positive behavior
- Clearly define personality types so that the terminology can be implemented regularly in colleague and peer interactions, allowing individuals to address differences respectfully and productively.
- Explain thinking, organization, and decision making associated with each personality style and describe how knowledge of learning and communication preferences can affect others.

To ensure a great experience, aspects of this training program may be modified to benefit your group size, group makeup, and time available.

Since you like this program, you may also consider [Virtual Coaching and Feedback](#) as a remote option!

## Program Details

### Group Size:

Any

### Team Size:

N/A

### Program Length:

3 - 4 Hours

### Space Requirement

Varies according to your group size. Classroom Style or Rounds.

### Setting:

Indoor

### Physicality:

Low

## Program Elements

- ✓ Communication
- ✓ Fun & Engaging Interaction
- ✓ Individual and Team Development
- ✓ Relationship Building & Networking

## What's Included?

Pricing varies depending upon the number of participants and includes the Professional Development program, prep, production coordination, program design, and an experienced professional trainer. Materials for this program are extensive so please add \$75 per participant.