RA Training: Train the Trainer

Student RA Training is a fun and dynamic program that will give RA leaders the ability to facilitate over a dozen activities and initiatives designed to help establish meaningful connections with the various student groups that they interact with at their school.

This training session will also enhance the RA leader's understanding of goal setting, presentation and communication skills, time management, and the ability to process experiences.
We will guide the RA leaders through a series of fun team building tasks while imparting the rules, guidelines, and other pertinent skills necessary for them to be able to deliver the same activities to other student groups.

From icebreakers, fast-paced competitive challenges, and engaging team building activities, this RA training will gift the participants with fun and effective initiatives designed to fit a variety of group sizes and time frames.

Examples of activities may include **Categories**, a commonality based exercise, **Entourage**, a rock-paper-scissors based team building activity, and **Mute Card Line-up**, a timed sequence session involving body language and the development of non-verbal communication skills.

Sessions may also include: **Orientation Square**, a team exercise involving continual repositioning; **Group Juggle**, where team success depends on being able to concentrate on your role while avoiding the continuous distractions; **20 Statement Signature Hunt**, a great icebreaker and networking exercise; **Big Question**, a great getting-to-know-you activity; and **Speed Order**, a card game with a surprise curveball mid-activity that adds to the challenge!

Since you like this program, you may also consider Virtual Speed Networking as a remote option!

Program Details

Group Size:
30 to 100+

Team Size:
N/A

Program Length:
2 to 2.5 hours

Space Requirement

Setting:
Indoor

Physicality:
Low

Program Elements

✔ Communication

✔ Individual and Team Development

✔ Performance & Continuous Improvement

✔ Relationship Building & Networking